



31st Annual Scientific Meeting of  
Indian National Association for Study of the Liver

3<sup>rd</sup> - 6<sup>th</sup> August, 2023

MAYFAIR LAGOON  
BHUBANESWAR, ODISHA



# INASL – 2023

## Secretary's Annual Report

August 2022 – August 2023

# Promoting discipline of Hepatology in India

- Annual Meeting – August – 1<sup>st</sup> or 2<sup>nd</sup> weekend
- Mid-term Meeting on 'Nutrition in Chronic Liver Disease' – MGM, Jaipur, 7th-8th April 2023.
- INASL Clinics on HCC – Series of 6
  - 3 held at Kolkata (May), Chandigarh (June) and Bengaluru (July)
- INASL – Liver Clinics by Dr Kamath – Bengaluru (26<sup>th</sup> May) and Delhi (27<sup>th</sup> May)
- INASL - NAFLD Symposium - A Physician's Perspective – 16th April, Mumbai – 3-6 sessions planned

# Registration and Travel Bursaries

- APASL – 2023, Taipei, Taiwan, February 2023.
  - Travel Bursaries for INASL members presenting papers
- INASL- 2023
  - Registration, Travel and Accommodation Bursaries – Oral paper presenters
  - Registration and Accommodation – Presenting E-posters

# Endorsements



- 4th National Conference on Critical Care and Infections in Liver Diseases (CCILBS-2023) - 3<sup>rd</sup>- 5th March, ILBS, New Delhi
- 6th National NAFLD Conclave on Emerging Therapies - Hope Initiative, 18th-19th March 2023, New Delhi.
- NAFLD Care Workshop 2023 - Academic Medical Education, 26th-27th May 2023, Barcelona, Spain

# INASL - Guidelines



- INASL – Guidance Paper on NAFLD
- INASL - Guidelines on HCC – Puri III
- INASL - Guidelines on Vascular liver diseases

Clinical Practice Guidelines

JOURNAL OF CLINICAL AND EXPERIMENTAL HEPATOLOGY

## Indian National Association for Study of the Liver (INASL) Guidance Paper on Nomenclature, Diagnosis and Treatment of Nonalcoholic Fatty Liver Disease (NAFLD)

Ajay Duseja \*, S. P. Singh †, Arka De \*, Kaushal Madan ‡, P. N. Rao §, Akash Shukla ||, G. C. Choudhuri ¶,  
Sanjiv Saigal ‡, Shalimar #, Anil Arora \*\*, Anil C. Anand ††, Ashim Das ‡‡, Ashish Kumar \*\*, C. E. Eapen §§,  
Krishnadas Devadas ||||, K. T. Shenoy ¶¶, Manas Panigrahi ##, Manav Wadhawan \*\*\*, Manish Rathi †††,  
Manoj Kumar †††, Narendra S. Choudhary §§§, Neeraj Saraf §§§, Preetam Nath ††, Sanjib Kar ||||, Seema Alam ¶¶¶¶,  
Samir Shah ###, Sandeep Nijhawan \*\*\*\*, Subrat K. Acharya ††, Vinayak Aggarwal ††††, Vivek A. Saraswat ††††,  
Yogesh K. Chawla ††

# International NASH Day - 2023

- 8th June 2023 and throughout the month of June
- INASL – GLI Activities
  - Step up for NASH
- Pan India support for - Awareness & Educational programs
  - 2500 gastroenterologists/hepatologists
  - Screening camps, Walkathon, CMEs, Awareness programs (public forum), press conferences, print and electronic media

**1930 HCPs joined our movement to take a pledge for creating awareness on NAFLD & NASH**

230 Liver scan / liver testing camps were conducted through our association with diagnostic labs to enhance screening 2400 NASH Awareness standee displays were installed in hospitals across India both in English & Hindi language



A Patient Awareness program by Dr ASA Jegannath , Madurai



A mega walkathon organized by Dr Loganathan (Gastro @ Apollo Hospitals Chennai) on International NASH Day



Dr Sandeep Satsangi and Team Apollo , Bangalore



Awareness program cum Fibro Liver Screening camp organized by Prof YK Chawla , Chandigarh



Awareness program cum @ PGIMER Chandigarh under the guidance of Prof Ajay Duseja and Team



*Announcing*  
*A Partnership that Protects Liver Health*



**INASL & ROTARY COMBATING CHILDHOOD  
OBESITY AND FATTY LIVER**



<https://inaslrocco.com/>

The screenshot shows a website for 'INASL ROCCO' with a blue header bar. The header includes the URL 'https://inaslrocco.com' in the address bar, the 'ROCCO' logo, and a navigation menu with links for 'Home', 'Liver & Its Importance', 'Resources', 'Contact Us', and 'INASL ROCCO Data'. The main content area features a large blue banner with the text 'Move. Mindfully Eat. Repeat.' in white, bold, italicized font. Below this, a subtext reads 'Let's save their childhood from the clutches of obesity'. To the right of the text is a photograph of a person's hands holding a colorful Russian nesting doll (matryoshka) and a glass of juice. Below the image are two blue callout boxes: 'Healthy Diet' pointing to a picture of a sandwich, and 'Outdoor Playtime' pointing to a picture of children playing. At the bottom of the page, there is a blue banner with the text 'ROCCO Initiative' and 'About the initiative'. A row of people in formal attire is seated in front of the banner.

# JCEH - Impact Factor - 3



- Heartiest Congratulations
- Prof Anil C Anand
  - Editor-in-Chief
- Ex - Editor-in-Chief
  - Prof Radha K Dhiman
- Editorial Board
- Publishers
- Staff



# Joining Hands with International Liver Associations



- SAASL-INASL – Consensus Meeting on NAFLD name change
  - Published
- The Healthy Livers, Healthy Lives Collaborators
  - EILF and EASL
  - Priority agenda papers x3
  - Session at INASL
- Part of multi-specialty meeting/multiple stakeholders for NAFLD
  - EASL, AASLD, ALEH, APASL, SAASL, INASL
  - Sidelines of WHO-WHA at Geneva, May 22<sup>nd</sup>, 2023
  - EASL Studio – Special Episode
- Delphi consensus on NAFLD nomenclature – Endorsement
- Looking forward to be associated with AASLD
- INASL membership for International members

# New Beginnings



- Young Hepatologists' Forum
- New Oration – Prof BN Tandon Memorial Oration
- New Award – Prof JB Dilawari Award for the Published work in the field of Community Hepatology
- New website

# FINASL – Awardees - 2023

- Dr Piyush Ranjan
- Dr Shalimar
- Dr Ashish Kumar Goel
- Dr Mahesh Kumar Goenka
- Dr Ankur Gupta
- Dr Syed Riyaz u Saif Andrabi
- Dr Vimal Saradava
- Dr Sandeep Nijhawan
- Dr Praveen Sharma
- Dr Manas Kumar Panigrahi
- Dr Rajesh Gopala Krishna
- Dr Arun K Sharma
- Dr Ajit Sood
- Dr Naveen Kalra



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Thank You